

AFRICA

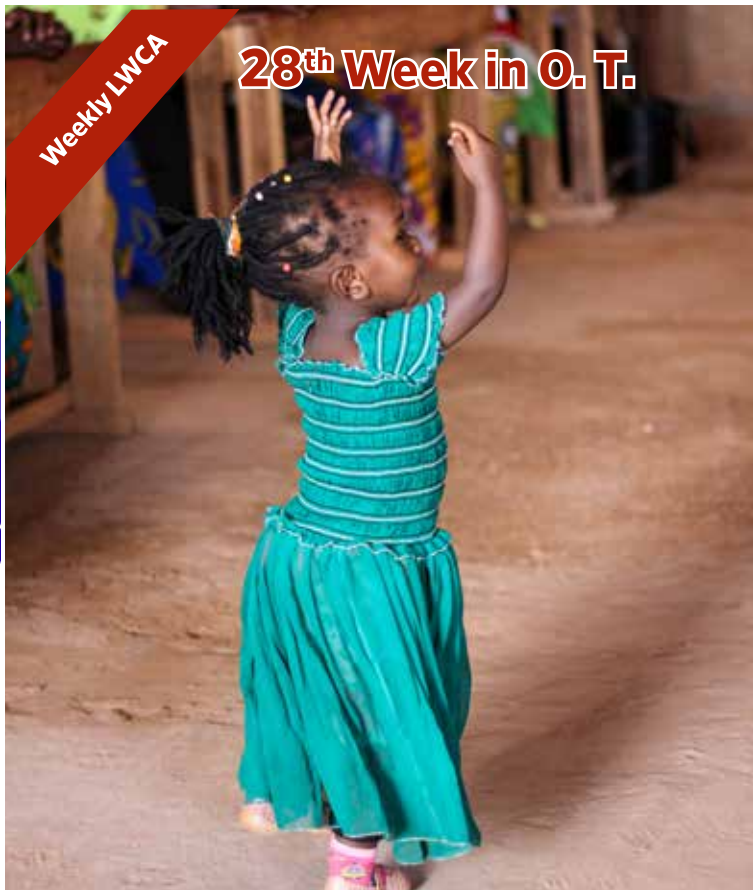
Living with Christ

GROWING UP DAILY WITH THE GOOD NEWS

Weekly LWCA

28th Week in O. T.

bayard africque



AFRICA ● 09-15 October 2022 ● Digital n°02

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Liturgical texts:

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On our cover: A child dancing in the Church.

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New Editorial Direction !

On January 23, 2014, Pope Francis called on Catholics to be “digital citizens”. *“Living With Christ Africa”* has been working for years mainly through printing to make available to a large number of African readers the riches of the Word of God.

We then wanted to announce to our dear readers a new editorial direction in order to also respond to the call of our bishops “to use communication technologies (...) to nourish our prayers and celebrations. This is a historical change, to bring the Word of God as far as possible. The present and future generations are and will be more and more in the digital space, where they act, beyond the borders, to access information.

Thus, effective October 2022, *“Living With Christ Africa”* will be committed to spreading the Word of God only through digital means. You are therefore invited to join us on our **Website : <https://www.livingwithchrist.africa>**, **Facebook: (Living with christ Africa)**, **TiKtoK (Living with Christ Africa)**, **Whatsapp: +2250594797568 / +254727074304**, **Youtube (Living with christ Africa)**. Together let us use digital means to read, listen and spread the Word of God ! The Lord be with You !



Rev. Fr. François
Nzanzu, a.a.
Nairobi-Kenya

Editorial October 2022



The Pope's Prayer Intention

For a Church open to everyone: We pray for the Church; ever faithful to, and courageous in preaching the Gospel, may the Church be a community of solidarity, fraternity and welcome, always living in an atmosphere of synodality.

Other papal intentions and videos can be found on: <http://apostleshipofprayer.org/>

The Sacrament of the Eucharist

The sacrament of the Eucharist was instituted by Jesus Christ during the Last Supper. Before receiving the first Communion, the candidates must be well prepared so that they may be aware that the Eucharist is different from any other food. It is the body of Jesus Christ. He said: “He who eats my flesh and drinks my blood has eternal life, and I will raise him up on the last day (John 6,54).” Jesus Christ is truly present in the Eucharist. In the sacrament of the Eucharist, Jesus Christ offers himself as the bread of life and spiritual drink. The Eucharist is the sacrament of unity. Those who participate in it are invited to form one body in Christ. The conference of bishops in every country decides the age at which a baptized person can receive Holy Communion for the first time.

There are two ways of receiving holy Communion: on the tongue or in the hands. What matters is the awareness and the reverence with which the body of Christ must

Focus on the Sacraments

be received. If one cannot kneel down while receiving the Communion, he or she is invited to make a gesture of reverence to welcome Jesus Christ. Some circumstances like the pandemic may oblige the conference of bishops of a given country and the local bishop to give practical indications that will help the faithful to avoid the spreading of the pandemic. For instance, communion on the tongue is forbidden these days because of the Covid-19.

Communion creates an intimate relationship between Christ and the faithful who receive it. In John's Gospel, Jesus Christ says: "He who eats my flesh and drinks my blood abides in me, and I in him." In the Catholic Church, any baptized person without mortal sin can receive Holy Communion. It is important to know that the Holy Communion is not given to children under the age of reasoning or to people who, through illness, do not have the ability to reason.

The minister of the sacrament of the Eucharist is the priest. He celebrates the Eucharist in the name of Jesus Christ. A deacon cannot celebrate the Eucharist because

he is not ordained to the priesthood. After receiving the Holy Eucharist, the Christian is invited to pray silently. Here is one of the prayers that one can do:

My Jesus, I believe that You are present in the Most Blessed Sacrament.

I love You above all things,

and I desire to receive You into my soul.

*Since I cannot now receive you sacramentally,
come at least spiritually into my heart.*

*I embrace You as if you were already there,
and I unite myself wholly to You.*

Never permit me to be separated from You.

(Saint Alphonsus Liguori)

The ordinary ministers of the distribution of the Holy Communion are the bishop, the priest, and the deacon. On some occasions, like during big celebrations, extraordinary ministers can distribute Holy Communion. The extraordinary ministers are the acolyte or any other faithful provided that they are allowed by the competent authorities.

Rev. Fr. Jérôme K. M. Kombi,
Kinshassa



Sunday October 9

28th Sunday in Ordinary Time

2 Kings 5:14-17 / Psalm (97) 98:1.2-3ab.3cd-4 / 2 Timothy 2:8-13
/ Luke 17:11-19



“Jesus, Master, have mercy on us!”



Immitating the Compassion of God

The Gospel of this Sunday presents the story of the healing of ten lepers. As Jesus enters a village he is greeted by ten lepers who come out to meet him. As lepers, they were compelled to cry out “unclean” and to ring a bell when they saw people approaching them. At the time of Jesus, lepers were treated as outcasts and forced to live on the fringes of society, an object of both fear and contempt.

Still some distance from Jesus they called out in desperation: “Jesus! Master! Take pity on us! Their only hope was the compassion of Jesus, their Master, and Lord, who was the living embodiment of the mercy and compassion of God. Mercy and compassion they had long ceased to expect from their fellow citizens.

Determined to help them, Jesus simply tells them to go and show themselves to the priests. On their way to carry out this instruction, they discovered that they were cleansed and healed. Clearly, this was a reward for their unquestioning



Sunday October 9

and trusting response to Jesus' instructions. Indeed, it is a true reward for their faith in him.

Finding himself cured, just one among the group, went back "praising God at the top of his voice", threw himself at the feet of Jesus, and expressed his deepest thanks for what had happened to him. "The man was a Samaritan." As a Samaritan, he belonged to a hated and despised group. Even the disciples of Jesus were heard to speak violent words against Samaritans.

The reaction of Jesus over the ingratitude of the other nine lepers who refused to show up like the Samaritan is very instructive. "Were not all ten made clean? The other nine, where are they? It seems that no one has come back to give praise to God, except this foreigner".

There is an important lesson to learn from this passage. The lepers in this context represent everyone in our society who is neglected, despised, exploited, and alienated. The questions we need to ask ourselves include the following: Do I openly or silently marginalise people as "outsiders"? Do I discriminate against people on the basis of skin, colour, race, language, and even religion.? How do I see people around me?

Rev. Fr. Christian Anyanwu, Port Harcourt-Nigeria



Entrance Antiphon (*Cf. Psalm (129) 130:3-4*)

If you, O Lord, should mark iniquities, Lord, who could stand? But with you is found forgiveness, O God of Israel.

Collect

May your grace, O Lord, we pray, at all times go before us and follow after and make us always determined to carry out good works. Through our Lord... **Amen.**

First Reading (2 Kings 5:14-17) _____

A reading from the second Book of Kings

In those days: Naaman the Syrian went down and dipped himself seven times in the Jordan, according to the word of Elisha the man of God; and his flesh was restored like the flesh of a little child, and he was cleansed [from his leprosy]. Then he returned to the man of God, he and all his company, and he came and stood before him; and he said, “Behold, I know that there is no God in all the earth but in Israel; so accept now a present from your servant.” But he said, “As the Lord lives, whom I serve, I will receive none.” And he urged him to take it, but he refused. Then Naaman said, “If not, I beg you, let there be given to your servant two mules’



Sunday October 9

burden of earth; for henceforth your servant will not offer burnt offering or sacrifice to any god but the Lord.”

The word of the Lord. **Thanks be to God.**

Responsorial Psalm (Psalm (97) 98:1.2-3ab.3cd-4) —

The Lord has re - vealed his
vic - to - ry in the sight of the na - tions.

R. The Lord has shown his deliverance to the nations.

O sing a new song to the Lord,
for he has worked wonders.
His right hand and his holy arm
have brought salvation. **R.**

The Lord has made known his salvation,
has shown his deliverance to the nations.
He has remembered his merciful love
and his truth for the house of Israel. **R.**



All the ends of the earth have seen
the salvation of our God.
Shout to the Lord, all the earth;
break forth into joyous song,
and sing out your praise. R.

Second Reading (2 Timothy 2:8-13) —————

A reading from the second Letter of Saint Paul to Timothy

Beloved: Remember Jesus Christ, risen from the dead, descended from David, as preached in my Gospel, the Gospel for which I am suffering and wearing chains like a criminal. But the word of God is not chained. Therefore, I endure everything for the sake of the elect, that they also may obtain the salvation which in Christ Jesus goes with eternal glory. The saying is sure: If we have died with him, we shall also live with him; if we endure, we shall also reign with him; if we deny him, he also will deny us; if we are faithless, he remains faithful for he cannot deny himself.
The word of the Lord. **Thanks be to God.**



Sunday October 9

Acclamation (*1 Thessalonians 5:18*)

Alleluia. Alleluia. Give thanks in all circumstances; for this is the will of God in Christ Jesus for you. **Alleluia.**

Gospel (*Luke 17:11-19*)

A reading from the holy Gospel according to Luke

On the way to Jerusalem Jesus was passing along between Samaria and Galilee. And as he entered a village, he was met by ten lepers, who stood at a distance and lifted up their voices and said, “Jesus, Master, have mercy on us.” When he saw them, he said to them, “Go and show yourselves to the priests.” And as they went, they were cleansed. Then one of them, when he saw that he was healed, turned back, praising God with a loud voice; and he fell on his face at Jesus’ feet, giving him thanks. Now he was a Samaritan. Then said Jesus, “Were not ten cleansed? Where are the nine? Was no one found to return and give praise to God except this foreigner?” And he said to him, “Rise and go your way; your faith has made you well.”

The Gospel of the Lord. **Praise to you, Lord Jesus Christ.**



Prayer of the Faithful

The following intentions are suggestions only.

R. Lord, hear us!

For good and compassionate leaders in Africa and in other parts of the world, let us pray to the Lord our God. R.

For good witnesses of the word of God in Africa and all over the world; for fruitful apostolates and pastoral works, let us pray to the Lord our God. R.

For the end of terrorism and for those threatened and killed for their faith, let us cry out to the Lord our God. R.

For peace, mercy, security and the end of coronavirus pandemic in the world, let us pray to the Lord our God. R.



Sunday October 9

Prayer over the Offerings

Accept, O Lord, the prayers of your faithful with the sacrificial offerings, that, through these acts of devotedness, we may pass over to the glory of heaven. Through Christ our Lord. **Amen.**

Communion Antiphon (Cf. Psalm (33) 34:11)

The rich grow poor and go hungry, but those who seek the Lord lack no blessing.

Or

1 John 3:2

When the Lord appears, we shall be like him, for we shall see him as he is.

Prayer after Communion

We entreat your majesty most humbly, O Lord, that, as you feed us with the nourishment which comes from the most holy Body and Blood of your Son, so you may make us sharers of his divine nature. Who lives and reigns for ever and ever. **Amen.**



Monday October 10

28th Week in Ordinary Time

Entrance Antiphon

(Psalm (129) 130:3-4) **If you, O Lord, should mark iniquities, Lord, who could stand? But with you is found forgiveness, O God of Israel.**

Collect

May your grace, O Lord, we pray, at all times go before us and follow after, and make us always determined to carry out good works. Through Christ our Lord. **Amen.**

First reading _____
(Galatians 4:22-24.26-27.31-5:1)

A reading from the Letter of Saint Paul to the Galatians

Brethren: It is written that Abraham had two sons, one by a slave and one by a free woman. But the son of the slave was born according to the flesh, the son of the free woman through promise. Now this is an allegory: these women are two covenants. One is from Mount Sinai, bearing children for slavery; she is Hagar. But the Jerusalem above is free, and she is our mother. For

it is written, “Rejoice, O barren one who does not bear; break forth and shout, you who are not with labour pains; for the desolate has more children than she who has a husband.” So, brethren, we are not children of the slave but of the free woman. For freedom Christ has set us free; stand fast therefore, and do not submit to a yoke of slavery. The word of the Lord.
Thanks be to God.

Responsorial Psalm—
(Psalm (112) 113:1b-2.3-4.5a and 6.7)

R. May the name of the Lord be blest forevermore.
or: Alleluia

Praise, O servants of the Lord, praise the name of

the Lord! May the name of the Lord be blest both now and forevermore! **R.**

From the rising of the sun to its setting, praised be the name of the Lord! High above all nations is the Lord, above the heavens his glory. **R.**

Who is like the Lord, our God, who lowers himself to look down upon heaven and earth? From the dust he lifts up the lowly, from the ash heap he raises the poor. **R.**

Acclamation *(Psalm (94) 95:7d.8a)*

Alleluia. Alleluia. Today, harden not your hearts, but listen to the voice the Lord. **Alleluia.**

Gospel —————
(Luke 11:29-32)

A reading from the holy Gospel according to Luke

At that time: When the crowds were increasing, Jesus began to say, “This generation is an evil generation; it seeks a sign, but no sign shall be given to it except the sign of Jonah. For as Jonah became a sign to the men of Nineveh, so will the Son of man be to this generation. The queen of the South will arise at the judgement with the men of this generation and condemn them; for she came from the ends of the earth to hear the wisdom of Solomon, and behold, something greater than Solomon is here. The

men of Nineveh will arise at the judgement with this generation and condemn it; for they repented at the preaching of Jonah, and behold, something greater than Jonah is here.”

The Gospel of the Lord.
Praise to you, Lord Jesus Christ.

Prayer over the Offerings

Accept, O Lord, the prayers of your faithful with the sacrificial offerings, that, through these acts of devotedness, we may pass over to the glory of heaven. Through Christ our Lord. **Amen.**

Communion Antiphon

(Psalm (33) 34:11) **The rich grow poor and go hungry, but those who seek the Lord lack no blessing.**

Prayer after Communion

We entreat your majesty most humbly, O Lord, that, as you feed us with the nourishment which comes from the most holy Body

and Blood of your Son, so you may make us sharers of his divine nature. Who lives and reigns for ever and ever. **Amen.**

Commentary

Being Doers of the Word

Luke 11:29-32

In today's Gospel, a large crowd is pressing around him, so much so that he throws out a warning which indicates that not many are hearing the word in the sense of accepting and following it. "This is an evil generation," He says. The lesson here is simple. There is always a danger that we take our faith for granted. Worse, we may even feel we are in a superior and safer position than others not of our faith or denomination. The fact that we carry the name 'Catholic' is not enough. Baptism and the reception of the other sacraments is not by itself a guarantee of our salvation. What counts is that we hear, understand, accept and assimilate the word of Jesus and carry it out at every moment of our lives.

Rev. Fr. Christian Anyanwu, Port Harcourt-Nigeria



Tuesday October 11

28th Week in Ordinary Time

Ferial

or Saint John XXIII, pope

Entrance Antiphon

(Psalm (129) 130:3-4) **If you, O Lord, should mark iniquities, Lord, who could stand? But with you is found forgiveness, O God of Israel.**

Collect

May your grace, O Lord, we pray, at all times go before us and follow after, and make us always determined to carry out good works. Through Christ our Lord. **Amen.**

Reading ————— *(Galatians 5:1-6)*

A reading from the Letter of Saint Paul to the Galatians

Brethren: For freedom Christ has set us free; stand fast therefore, and do not submit again to a yoke of slavery. Now I, Paul, say to you that if you receive circumcision, Christ will be of no advantage to you. I testify again to every man who receives circumcision that he is bound to keep the whole law. You are severed

from Christ, you who would be justified by the law; you have fallen away from grace. For through the Spirit, by faith, we wait for the hope of righteousness. For in Christ Jesus neither circumcision nor uncircumcision is of any avail, but faith working through love.

The word of the Lord.
Thanks be to God.

Responsorial Psalm —
(Psalm (118) 119:41.43.44.45.47.48)

R. Lord, let your mercy come upon me.

Lord, let your mercy come upon me, the salvation you have promised. **R.**

Never take the word of truth from my mouth, for I hope in your decrees. **R.**

I shall always keep your law, forever and ever. **R.**

I shall walk on a spacious plain, for I seek your precepts. **R.**

In your commands I have found my delight; these I have loved. **R.**

I reach out to your commands, which I love, and ponder your statutes. **R.**

Acclamation (*Hebrews 4:12*)

Alleluia. Alleluia. The word of the Lord is living and active, discerning the thoughts and intentions of the heart. **Alleluia.**

Gospel _____
(Luke 11:37-41)

A reading from the holy Gospel according to Luke

At that time: While Jesus was speaking, a Pharisee asked him to dine with him; so, he went in and sat at table. The Pharisee was astonished to see that he did not first wash before dinner. And the Lord said to him, “Now you Pharisees cleanse the outside of the cup and of the dish, but inside you are full of extortion and wickedness. You fools! Did not he who made the outside make the inside also? But give for alms those things which are within; and behold, everything is clean for you.”

The Gospel of the Lord.
Praise to you, Lord Jesus Christ.

Prayer over the Offerings

Accept, O Lord, the prayers of your faithful with the sacrificial offerings, that, through these acts of devotedness, we may pass over to the glory of heaven. Through Christ our Lord.
Amen.

Communion Antiphon

(Psalm (33) 34:11) **The rich suffer want and go hungry, but those who seek the Lord lack no blessing.**

Prayer after Communion

We entreat your majesty most humbly, O Lord, that, as you feed us with the nourishment which comes from the most holy Body

and Blood of your Son, so you may make us sharers of his divine nature. Who lives and reigns for ever and ever. **Amen.**

Getting the Right Christian Motivation

Commentary

Luke 11:37-41

In today's Gospel, Jesus was invited to a dinner by a Pharisee. The Pharisees were shocked that Jesus did not wash his hands before eating. Of course, we are strongly recommended to wash our hands before sitting down to eat. But here we are not dealing with a question of hygiene but of ritual washing. Jesus uses this occasion to draw attention to what he sees as a false religion. The virtue of a person is not to be judged by his performance or non-performance of an external rite. He makes the point that the Pharisees concentrate on making sure that the outside of the cup is clean while the inside is full of all kinds of depravity and corruption. God is as much, if not much more, concerned about the inside as the outside.

Rev. Fr. Christian Anyanwu, Port Harcourt-Nigeria



Wednesday October 12

28th Week in Ordinary Time

Entrance Antiphon

(Psalm (129) 130:3-4) **If you, O Lord, should mark iniquities, Lord, who could stand? But with you is found forgiveness, O God of Israel.**

Collect

May your grace, O Lord, we pray, at all times go before us and follow after, and make us always determined to carry out good works. Through Christ our Lord. **Amen.**

First Reading ————— *(Galatians 5:18-25)*

A reading from the Letter of Saint Paul to the Galatians

Brethren: If you are led by the Spirit, you are not under the law. Now the works of the flesh are plain: immorality, impurity, licentiousness, idolatry, sorcery, enmity, strife, jealousy, anger, selfishness, dissension, party spirit, envy, drunkenness, carousing, and the like. I warn you, as I warned you before, that those who do such things shall not inherit the kingdom of God. But the fruit of the Spirit

is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self-control; against such there is no law. And those who belong to Christ Jesus have crucified the flesh with its passions and desires. If we live by the Spirit, let us also walk by the Spirit.

The word of the Lord.
Thanks be to God.

***Responsorial Psalm —
(Psalm 1:1-2.3.4 and 6)***

***R. He who follows you, Lord,
will have the light of life.***

Blessed indeed is the man who follows not the counsel of the wicked, nor stands in the path with sinners, nor abides in the company of scorners, but

whose delight is the law of the Lord, and who ponders his laws day and night. *R.*

He is like a tree that is planted beside the flowing waters, that yields its fruit in due season, and whose leaves shall never fade; and all that he does shall prosper. *R.*

Not so are the wicked, not so! For they, like winnowed chaff, shall be driven away by the wind. for the Lord knows the way of the just, but the way of the wicked will perish. *R.*

***Acclamation (John
10:27)***

Alleluia. Alleluia. My sheep hear my voice, says the Lord; and I know them, and they follow me. **Alleluia.**

Gospel —————
(Luke 11:42-46)

A reading from the holy Gospel according to Luke

At that time: Jesus said, “Woe to you Pharisees! for you tithe mint and rue and every herb, and neglect justice and the love of God; these you ought to have done, without neglecting the others. Woe to you Pharisees! for you love the best seat in the synagogues and salutations in the market places. Woe to you! for you are like graves which are not seen, and men walk over them without knowing it”. One of the lawyers answered him, “Teacher, in saying this you reproach us also.” And he said, “Woe to you

lawyers also! for you load men with burdens hard to bear, and you yourselves do not touch the burdens with one of your fingers.”

The Gospel of the Lord.
Praise to you, Lord Jesus Christ.

Prayer over the Offerings

Accept, O Lord, the prayers of your faithful with the sacrificial offerings, that, through these acts of devotedness, we may pass over to the glory of heaven. Through Christ our Lord.
Amen.

Communion Antiphon

(Psalm (33) 34:11) **The rich grow poor and go hungry, but those who seek the Lord lack no blessing.**

Prayer after Communion

We entreat your majesty most humbly, O Lord, that, as you feed us with the nourishment which comes from the

most holy Body and Blood of your Son, so you may make us sharers of his divine nature. Who lives and reigns for ever and ever. **Amen.**

The Danger of Pharisaism

Commentary

Luke 11 : 42-46

In today's Gospel, Jesus continues his attack on the attitudes of the Pharisees. He attacks them for their scrupulous observance of even the tiniest of regulations, not because that is wrong but because they bypass the love of God which is what really matters. He attacks them for their status-seeking. They expect people to look up to them and give them special honours because of their supposed higher level of religious observance. They expect to be given front seats in the synagogue and for people to greet them obsequiously in the streets.

Pharisaism is alive and well in our society but the first person I need to check is me and my behaviour.

Rev. Fr. Christian Anyanwu, Port Harcourt-Nigeria



Thursday October 13

28th Week in Ordinary Time

Entrance Antiphon

(Ps (129) 130:3-4) **If you, O Lord, should mark iniquities, Lord, who could stand? But with you is found forgiveness, O God of Israel.**

Collect

May your grace, O Lord, we pray, at all times go before us and follow after, and make us always determined to carry out good works. Through Christ our Lord. **Amen.**

Reading ---

(Ephesians 1:1-10)

The beginning of the Letter of Saint Paul to the Ephesians

Paul, an apostle of Christ Jesus by the will of God, to the saints who are also faithful in Christ Jesus: Grace and peace to you and peace from God our Father and the Lord Jesus Christ. Blessed be the God and Father of our Lord Jesus Christ, who has blessed us in Christ with every spiritual blessing in the heavenly places, even as he chose us in him before the

foundation of the world, that we should be holy and blameless before him. He destined us in love to be his sons through Jesus Christ, according to the purpose of his will, to the praise of his glorious grace which he freely bestowed on us in the Beloved. In him, we have redemption through his blood, the forgiveness of our trespasses, according to the riches of his grace which he lavished upon us. For he has made known to us in all wisdom and insight the mystery of his will, according to his purpose which he set forth in Christ as a plan for the fullness of time, to unite all things in him, things in heaven and things on earth.

The word of the Lord.
Thanks be to God.

Responsorial Psalm —
*(Psalm ⁽⁹⁷⁾ 98:1.2-3ab.
3cd-4.5-6)*

R. The Lord has made known his salvation.

O sing a new song to the Lord, for he has worked wonders. His right hand and his holy arm have brought salvation. R.

The Lord has made known his salvation, and has shown his deliverance to the nations. He has remembered his merciful love and his truth for the house of Israel. R.

All the ends of the earth have seen the salvation

of our God. Shout to the Lord, all the earth; break forth into joyous song, and sing out your praise. *R.*

Sing psalms to the Lord with the harp, with the harp and the sound of song. With trumpets and the sound of the horn, raise a shout before the King, the Lord. *R.*

Acclamation (*John 14:6*)

Alleluia. Alleluia. I am the way, and the truth, and the life, says the Lord; no one comes to the Father but by me. **Alleluia.**

Gospel _____
(*Luke 11:47-54*)

A reading from the holy Gospel according to Luke

At that time: Jesus said, “Woe to you! for you build the tombs of the prophets whom your fathers killed. So you are witnesses and consent to the deeds of your fathers; for they killed them, and you build their tombs. Therefore also the wisdom of God said, ‘I will send them prophets and apostles, some of whom they will kill and persecute,’ that the blood of all the prophets, shed from the foundation of the world, may be required of this generation, from the blood of Abel to the blood of Zechariah, who perished between the altar and the sanctuary. Yes, I tell you, it shall be required of this generation. Woe to you lawyers! for you have taken away the key

of knowledge; you did not enter yourselves, and you hindered those who were entering.” As he went away from there, the scribes and the Pharisees began to press him hard, and to provoke him to speak of many things, lying in wait for him, to catch him in something he might say.

The Gospel of the Lord.
Praise to you, Lord Jesus Christ.

Prayer over the Offerings

Accept, O Lord, the prayers of your faithful with the sacrificial offerings, that, through these acts of devotedness, we may pass over to the glory of heaven.

Through Christ our Lord.
Amen.

Communion Antiphon

(Cf. Psalm (33) 34:1) **The rich grow poor and go hungry, but those who seek the Lord lack no blessing.**

Or

1 John. 3:2

When the Lord appears, we shall be like him, for we shall see him as he is.

Prayer after Communion

We entreat your majesty most humbly, O Lord, that, as you feed us with the nourishment which comes from the most holy Body

and Blood of your Son, so you may make us sharers of his divine nature. Who lives

and reigns for ever and ever. **Amen.**

Sharing in the Vision of Jesus

Commentary

Luke 11:47-54

There are more strong words from Jesus against the Pharisaic mentality in today's Gospel. Jesus attacks the Scribes and their way of thinking and acting. They interpret the Law in such a way that they make it inaccessible to the ordinary person. And, what is worse, they do not observe it themselves. "You yourselves have not gained access, yet you have stopped those who wish to enter!" They kept both themselves and the people in ignorance of the true way to salvation and wholeness. As it is put in Matthew's gospel: "*They shut the kingdom of heaven [God] in people's faces*" (Matthew 23:13). The question we need to ask and answer for ourselves is: Do I share the vision of Jesus? What does 'Christianity' mean to me?

Rev. Fr. Christian Anyanwu, Port Harcourt-Nigeria



Friday October 14

28th Week in Ordinary Time

Ferial

or **Saint Callistus I, pope and martyr**

Entrance Antiphon

(Psalm (129) 130:3-4) **If you, O Lord, should mark iniquities, Lord, who could stand? But with you is found forgiveness, O God of Israel.**

Collect

May your grace, O Lord, we pray, at all times go before us and follow after, and make us always determined to carry out good works. Through Christ our Lord. **Amen.**

Reading _____ *(Ephesians 1:11-14)*

A reading from the Letter of Saint Paul to the Ephesians

Brethren: In Christ, according to the purpose of him who accomplishes all things according to the counsel of his will, we who first hoped in Christ have been destined and appointed to live for the praise of his glory. In him you also, who have heard the word of truth, the gospel

of your salvation, and have believed in him, were sealed with the promised Holy Spirit, who is the guarantee of our inheritance until we acquire possession of it, to praise of his glory.
 The word of the Lord.
Thanks be to God.

Responsorial Psalm —
(Psalm (32) 33:1-2,4-5,12-13)

R. Blessed the people the Lord has chosen as his heritage.

Ring out your joy to the Lord, O you just; for praise is fitting for the upright. Give thanks to the Lord upon the harp; with a ten-stringed lute, sing him songs. R.

For the word of the Lord is faithful, and all his works

to be trusted. The Lord loves justice and right, and his merciful love fills the earth. R.

Blessed the nation whose God is the Lord, the people he has chosen as his heritage. From the heavens the Lord looks forth; he sees all the children of men. R.

Acclamation

(Psalm (32) 33:22)

Alleluia. Alleluia. May your merciful love be upon us, as we hope in you, O Lord.
Alleluia.

Gospel —————
(Luke 12:1-7)

A reading from the holy Gospel according to Luke

At that time: When so many thousands of the multitude had gathered together that

they trod upon one another, Jesus began to say to his disciples first, “Beware of the leaven of the Pharisees, which is hypocrisy. Nothing is covered up that will not be revealed or hidden that will not be known. Whatever you have said in the dark shall be heard in the light, and what you have whispered in private rooms shall be proclaimed upon the housetops. “I tell you, my friends, do not fear those who kill the body, and after that have no more that they can do. But I will warn you whom to fear: fear him who, after he has killed, has the power to cast into hell; yes, I tell you, fear him! Are not five sparrows sold for two pennies? And not one of them is

forgotten before God. Why even the hairs of your head are all numbered? Fear not; you are of more value than many sparrows.”

The Gospel of the Lord.
Praise to you, Lord Jesus Christ.

Prayer over the Offerings

Accept, O Lord, the prayers of your faithful with the sacrificial offerings, that, through these acts of devotedness, we may pass over to the glory of heaven. Through Christ our Lord. **Amen.**

Communion Antiphon

(Psalms (33) 34:11) **The rich grow poor and go hungry, but those who seek the Lord lack no blessing.**

Prayer after Communion

We entreat your majesty most humbly, O Lord, that, as you feed us with the nourishment which comes from the

most holy Body and Blood of your Son, so you may make us sharers of his divine nature. Who lives and reigns for ever and ever. **Amen.**

**Sharing in God's Plan
of Salvation****Commentary****Luke 12:1-7****Ephesians 1:11-14**

Today Saint Paul in the first reading talks of God's plan of salvation for the whole human race and the whole of creation. He speaks first of the Jews, his own people, and then of the Gentiles or "pagans" (that is, non-Jews) who had responded to the call of God. For Paul, it is only in relationship to Christ that there is a meaningful future destiny for all. Christ is the paradigm for all creation. However, Paul goes on now to speak, not of the whole of creation, but of those who have responded to God's call in Jesus.

These words are addressed as much to us as they were to the original readers of this letter. They can provide an endless source for prayer, reflection, praise, and thanksgiving. Let us, too, ask him to help us live up to the calling which has come from him.

Rev. Fr. Christian Anyanwu, Port Harcourt-Nigeria



Saturday October 15

28th Week in Ordinary Time

Memorial

Saint Teresa of Jesus, Virgin and Doctor of the Church

Entrance Antiphon

(Psalm (41) 42:2-3) **Like the deer that yearns for running streams, so my soul is yearning for you, my God. My soul is thirsting for God, the living God.**

Collect

O God, who through your Spirit raised up Saint Teresa of Jesus to show the Church the way to seek perfection; grant that we may always be nourished upon the food of her

heavenly teaching and fired with longing for true holiness. Through Christ our Lord. **Amen.**

Reading ————— *(Ephesians 1:15-23)*

A reading from the Letter of Saint Paul to the Ephesians

Brethren: Because I have heard of your faith in the Lord Jesus and your love towards all the saints, I do not cease to give thanks for you, remembering you in my prayers, that the God

of our Lord Jesus Christ, the Father of glory, may give you a spirit of wisdom and of revelation in the knowledge of him, having the eyes of your hearts enlightened, that you may know what is the hope to which he has called you, what are the riches of his glorious inheritance in the saints, and what is the immeasurable greatness of his power in us who believe, according to the working of his great might which he accomplished in Christ when he raised him from the dead and made him sit at his right hand in the heavenly places, far above all rule and authority and power and dominion, and above every name that is named, not only in this age but also in

that which is to come; and he has put all things under his feet and has made him the head over all things for the Church, which is his body, the fullness of him who fills all in all.

The word of the Lord.
Thanks be to God.

Responsorial Psalm —
(Psalm 8:2-3a.4-5.6-7)

R. You have given your Son power over the works of your hands.

O Lord, our Lord, how majestic is your name through all the earth! Your majesty is set above the heavens. From the mouths of children and of babes you fashioned praise. *R.*

When I see the heavens, the work of your fingers,

the moon and the stars which you arranged, what is man that you should keep him in mind, the son of man that you care for him? *R.*

Yet you have made him little lower than the angels; with glory and honour you crowned him, gave him power over the works of your hands: you put all things under his feet. *R.*

Acclamation (*John 15:26b.27a*)

Alleluia. Alleluia. The Spirit of truth will bear witness to me, says the Lord and you also are witnesses.
Alleluia.

Gospel —————
(*Luke 12:8-12*)

A reading from the holy Gospel according to Luke

At that time: Jesus said to his disciples, “Everyone who acknowledges me before men, the Son of man also will acknowledge before the angels of God; but he who denies me before men will be denied before the angels of God. And everyone who speaks a word against the Son of man will be forgiven; but he who blasphemes against the Holy Spirit will not be forgiven. And when they bring you before the synagogues and the rulers and the authorities do not be anxious about how or what you are to answer or

what you are to say”; for the Holy Spirit will teach you in that very hour what you ought to say.”

The Gospel of the Lord.
Praise to you, Lord Jesus Christ.

Prayer over the Offerings

May our offerings, O Lord, be acceptable to your majesty, to whom the devoted service of Saint Teresa was pleasing in such

great measure. Through Christ our Lord. **Amen.**

Communion Antiphon

(Psalm (88) 89:2) **I will sing forever of your mercies, O Lord through all ages my mouth will proclaim your truth.**

Prayer after Communion

Grant, O Lord our God, that your obedient family, whom you have fed with

the Bread of heaven, may follow the example of Saint Teresa and rejoice to sing of your mercies for all eternity. Through Christ our Lord. **Amen.**

Standing for our Christian Faith

Commentary

Luke 12:8-12

When we publicly acknowledge Jesus as Christ and Lord, Jesus too will acknowledge us as his faithful disciple. Of course, it will be difficult during times of abuse and persecution but they must always be ready to acknowledge their allegiance to Jesus. To deny that allegiance may win them a reprieve in this life but not in the next. "He who saves his life will lose it," as Jesus said on an earlier occasion. The word for 'deny' here is the same word used in Peter's denial and disowning of his Master (Luke 22:34 and 61).

Let us pray that in the future we may have the courage and integrity in word and deed to let people know who we are and what we stand for.

Rev. Fr. Christian Anyanwu, Port Harcourt-Nigeria

OCTOBER 2022 (Year C)

Specific for Nigeria: Friday October 1st is celebrated as Solemnity (Our Lady Queen of Nigeria, principal patron) using Is 11:1-10 / Ps (71) 72:1-2.7-8.12-13.17 / Ep 2:13-22 / Mt 2:13-15.19-23

Sat	1	☐	Memorial Saint Therese of Lisieux, virgin and doctor Jb 42:1-3. 5-6. 12-17/ Ps (118) 119: 66.71. 75. 91. 125. 130/ Lk 10:17-24
Sun	2	Twenty-Seventh Sunday in Ordinary Time Hb 1:2-3; 2: 2-4/ Ps (94) 95:1-2. 6-7abc. 7b-9/ 2 Tm 1:6-8. 13-14/ Lk 17:5-10	
Mon	3	■	Ferial Gal 1:6-12/ Ps (110) 111:1b-2.7-8. 9 and 10c/ Lk 10:25-37
Tue	4	☐	Memorial Saint Francis of Assisi Gal 1:13-24/ Ps (139) 139:1-3. 13-14.15/ Lk 10:38-42
Wed	5	■	Ferial Gal 2:1-2. 7-14/ Ps (116) 117:1. 2/Lk 11:1-4
Thur	6	■	Ferial or ☐ Saint Bruno, priest Gal 3:1-5/ Lk 1:69-70. 71-72. 73-75/Lk 11:5-13
Fri	7	☐	Memorial Our Lady of the Rosary Gal 3:7-14/ Ps (110) 111:1b-2. 3-4. 5-6/Lk 11:15-26
Sat	8	■	Ferial Gal 3:22-29/ Ps (104) 105:2-3. 4-5. 6-7/Lk 11:27-28
Sun	9	Twenty-Eighth Sunday in Ordinary Time 2 Kgs 5:14-17/ Ps (97) 98:1. 2-3ab. 3cd-4/ 2 Tm 2:8-13/ Lk 17:11-19	
Mon	10	■	Ferial Gal 4:22-24. 26-27. 31-5:1/ Ps (112) 113:1b-2. 3-4. 5a and 6-7/ Lk 11:29-32
Tue	11	■	Ferial or ☐ Saint John XXIII, pope Gal 5:1-6/ Ps (118) 119:41. 43. 44. 45. 47. 48/ Lk 11:37-41
Wed	12	■	Ferial Gal 5:18-25/ Ps 1:1-2. 3. 4 and 6/Lk 11:42-46
Thur	13	■	Ferial Eph 1:1-10/ Ps (97) 98:1.2-3ab. 3cd-4. 5-6/ Lk 11:47-54
Fri	14	■	Ferial or ■ Saint Callistus I, pope and martyr Eph 1:11-14/ Ps (32) 33:1-2.4-5.12-13/Lk 12:1-7
Sat	15	■	Memorial Saint Teresa of Jesus, virgin and doctor of the Church Eph 1:15-23/ Ps 8:2-3ab. 4-5. 6-7/ Lk 12:8-12
Sun	16	Twenty-Ninth Sunday in Ordinary Time Ex 17:8-13/ Ps (120) 121:1-2. 3-4. 5-6. 7-8/ 2 Tm 3:14-4: 2/ Lk 18:1-8	
Mon	17	■	Memorial Saint Ignatius of Antioch, bishop and martyr Eph 2:1-10/ Ps (99) 100:1-2. 3. 4.5/Lk 12:13-21
Tue	18	■	Feast Saint Luke, evangelist 2 Tm 4:10-17ab / Ps (144) 145:10-11,12-13ab, 17-18 / Lk 10:1-9
Wed	19	■	Ferial or ■ Saints John de Brébeuf and Isaac Jogues, priests, and Companions, martyrs or ☐ Saint Paul of the Cross, priest Eph 3:2-12/ Is 12: 2-3.4bcd. 5-6/ Lk 12:39-48
Thur	20	■	Ferial or ■ Blessed Daudi Okelo and Jildo Irwa, martyrs Eph 3:14-21/ Ps (33) 33:1-2.4-5.11-12. 18-19/ Lk 12:49-53
Fri	21	■	Ferial Eph 4:1-6/ Ps (23) 24:1-2. 3-4ab. 5-6/Lk 12:54-59
Sat	22	■	Ferial or ☐ Saint John Paul II, pope Eph 4:7-16/ Ps (121) 122:1-2. 3-4ab. 4cd-5/Lk 13:1-9
Sun	23	Thirtieth Sunday in Ordinary Time Sir 35:12-14. 16-18/ Ps (33) 34:2-3. 17-18. 19. 23 (7a)/ 2 Tm 4:6-8. 16-18/ Lk 18:9-14	
Mon	24	■	Ferial Eph 4:32-5: 8/ Ps 1:1-2. 3. 4 and 6/Lk 13:10-17
Tue	25	■	Ferial Eph 5:21-33/ Ps (127) 128:1-2. 3. 4-5/Lk 13:18-21
Wed	26	■	Ferial Eph 6:1-9/ Ps (144) 145:10-11.12-13ab. 13cd-14/ Lk 13:22-30
Thur	27	■	Ferial Eph 6:10-20/ Ps (143) 144:1b. 2. 9-10/Lk 13:31-35
Fri	28	■	Feast Saints Simon and Jude, apostles Eph 2:19-22 / Ps (18) 19:1-2.3-4ab/Lk 6:12-19
Sat	29	■	Ferial Phil 1:18b-26/ Ps (41) 42:2. 3. 5cdef/Lk 14:1.7-11
Sun	30	Thirty-First Sunday in Ordinary Time Wis 11:22-12: 2/ Ps (144) 145:1-2. 8-9. 10-11. 13. 14/ 2 Thes 1:11-2: 2/ Lk 19:1-10	
Sat	31	■	Ferial Phil 2:1-4/ Ps (130) 131:1.2.3/Lk 14:12-14

LEGEND: ■ ☐ ■ Liturgical colours
Bold: Solemnity, Feast or Sunday

Roman: Memorial
Italic: Optional Memorial



Publisher: Pierre LANGLOIS

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ISSN: 2424-7464; **Contact:** Living With Christ

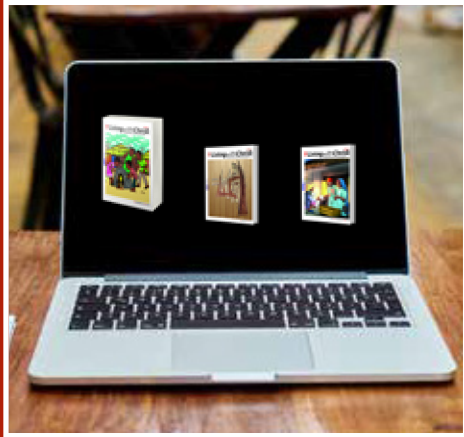
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